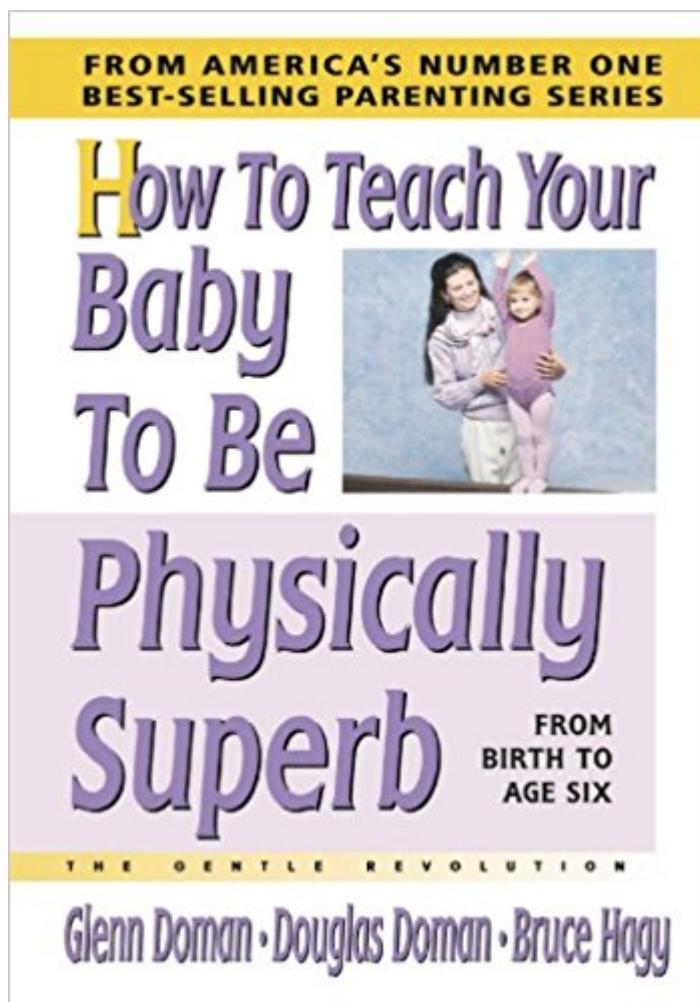


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# How To Teach Your Baby To Be Physically Superb (The Gentle Revolution Series)



## **Synopsis**

The early development of mobility in newborns is a vital part of their future ability to learn and grow to full potential. *How To Teach Your Baby To Be Physically Superb* was designed to help you maximize your child's physical capabilities. The authors clearly explain each stage of mobility and show how to create an environment that will enable your baby to more easily achieve that stage. Full-color charts, photographs, illustrations, and detailed easy-to-follow instructions guide you in creating an effective home program.

## **Book Information**

Series: The Gentle Revolution Series

Hardcover: 296 pages

Publisher: Square One Publishers (February 8, 2006)

Language: English

ISBN-10: 0757001920

ISBN-13: 978-0757001925

Product Dimensions: 7.5 x 0.9 x 10.5 inches

Shipping Weight: 2.4 pounds

Average Customer Review: 4.3 out of 5 stars 22 customer reviews

Best Sellers Rank: #832,846 in Books (See Top 100 in Books) #69 in Books > Health, Fitness & Dieting > Exercise & Fitness > Pregnancy #174 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #685 in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Home Repair

## **Customer Reviews**

Glenn Doman received his degree in physical therapy from the University of Pennsylvania in 1940. From that point on, he began pioneering the field of child brain development. In 1955, he founded The Institutes' world-renowned work with brain-injured children had led to vital discoveries regarding the growth and development of well children. The author has lived with, studied, and worked with children in more than one hundred nations, ranging from the most civilized to the most primitive. Doman is also the international best-selling author of six books, all part of the Gentle Revolution Series, including *How To Teach Your Baby To Read*, *How To Teach Your Baby Math*, and *How To Give Your Baby Encyclopedic Knowledge*. Douglas Doman is Vice President of The Institutes for the Achievement of Human Potential and the son of founder Glenn Doman. His early years working at The Institutes were spent establishing the School for Human Development for brain-injured young

adults. He worked closely with Bruce Hagy to create the world's first Human Development Course, a circuit of physical activities that promote neurological organization and development.

Book condition just as described. I would recommend this book to anyone with young children!

The book gives comprehensive instructions to teach a parent how to set up a home program following Doman principles. Great!

Great book!

This book makes a very important point - TUMMY TIME. When I read the analogy of a baby lying face up in a cot to an upside down turtle, I thought, that is so right! But that is probably all you need to know from this book. I followed much of the book for about 2 months when my baby was 4 months old but didn't notice any positive difference in her. We did the exercises and it happened that one of my friends has a crawling track and she lent it to us. The track was torture for my little girl. All she did was cry when placed on it and subsequently would cry even just catching sight of it. The exercises are not difficult, but I won't say she enjoyed them. Maybe if we started the program at birth she may have liked the crawling track. My daughter rolled over at 5 months, sat up at 5 months and then belly crawled at 6 months. She walked at 12 months. In hindsight, I feel a little silly and selfish for putting my daughter through the program. So what if she walked at 9 months? Will that go on her resume? Doman's children may all have been physically superb as children, but did any of them become Olympians or important people? I'd be interested to know. I respect Doman for his work with children with special needs (I have one myself), but for a typically developing child without any delays, I think they'd be more happy with a few more cuddles and a walk in the park.

An amazing book that teaches parents, step by step, how can we help our children to be physically superb. It includes fabulous charts about the brain stages development and the different competences that a child, between 0 months and 6 years, should accomplish, with detail exercises and games for you to practice with your kids. I totally recommend this book!

This book is an eye opener, and it just makes sense. If you think about it, what is taught in the book is common sense.

THIS BOOK TEACH THE PARENTS THE IMPORTANCE OF PUTTING THE BABY OVER THEIR TUMMY SINCE BIRTH. THE IMPORTANCE OF CREEPING, CRAWLING AND BE ON THE FLOOR. WE ARE LIMITING THE DEVELOPMENT OF THE FOUNDATION OF THEIR BRAINS. THE FIRST YEAR IS THE MOST IMPORTANT IN OUR LIVES, IS WHERE THE BRAIN MAKES THE FIRST SYNAPSES STRONGER. WITH THIS DISCIPLINE WE AS PARENTS CAN PREVENT ADH AND ALL THOSE SPEECH AND LEARNING PROBLEMS THAT ARE SO COMMON TODAY; BECAUSE TODAY THE CHILDREN GOES TO DAYCARE SINCE TWO MONTHS ALL. THIS IS SOMETHING THAT IT'S BEEN DOING SINCE 1947. IF SOMEONE OUT THERE CAN HELP TO EDUCATE MORE ABOUT "HUMAN NEUROLOGICAL ORGANIZATION" THE WORLD WOULD BE BETTER. THANKS

I was somewhat disappointed with this book. It has one simple tip, keep your child on the stomach as much as possible. Ok, so that's great, the child will grow faster physically, maybe grow faster mentally also, as per what he says. But I expected the book to be much more comprehensive. There are not that many exercises. It's largely a single point agenda on keeping the child on stomach. I can tell you that in one line.

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